



Frequently Asked Questions

1. What is All-Star Competitive Cheerleading?

All-Star Competitive Cheerleading is made of students from a certain area that come together by age and ability level to compete against other like teams locally and nationally. The routines that these competitors do are 2.5 minutes routines that combine the athletic areas of cheerleading which include stunts, tumbling, jumps, and dance.

2. What does each student trying out wear?

Each student should wear tennis shoes, shorts, t-shirt or tank and hot pants for girls. We would like all students trying out to wear a tank and royal blue shorts. They can be Arizona Heat attire. We do ask that students do not wear any jewelry and girls with long hair have it pulled back into a pony tail. We also ask that team members are not chewing gum.

3. What is the tryout process?

During tryouts will evaluate the students on their skills at this time to place them according to their level. We will look at each skill area and the needs of each of the competitive teams to determine the best team fit for each child.

4. Why does my child need to memorize “Uphold the Name” and when does he or she need to know it by?

We believe that we not only have an opportunity to develop the athletic skills of each team member, but also life skills as well. “Uphold the Name” is not only needed for each team member to be successful in our sport, but also in life.

5. When is the first competition and how often will competitions be?

Competitions will start the last weekend in October and the season lasts until the end of April. Teams will compete one time a month on average depending on the level and age.

6. Is a student able to do another sport, school cheer, and Arizona Heat Elite?

Some schools will not allow a school cheerleader to do all-star cheer and school cheer, but according to Arizona Heat Elite Tumbling and Stunt Teams we do allow our team members to be involved in other activities.

7. When do I make my payments?

Your Monthly Dues are paid on 1st of each month and additional fees for uniform, competitions, and camp is paid throughout the season as they come due. We will offer fundraisers throughout the season to offset these fees if you desire to participate.